

# Bright Eyes Early Learning Centers Where Learning is Fun!

Find us on: facebook.

follow us on twitter

Bright Eyes ELC Corporate Monthly Newsletter

### **Important Dates:**

Jan. 1- New Year's Day

Jan. 20- MLK Jr. Day

Jan. 25- Chinese New Year

Feb. 2- Groundhog Day

Feb. 2- Super Bowl

Feb. 14- Valentine's Day

**Feb. 18-** President's Day-BE Closed

Mar. 17- St. Patrick's Day

**Apr. 10-** Good Friday- BE Closed

**Apr. 13-** Easter Monday-BE Closed





School Age Summer

Program imfo is

coming soon!



## Welcome February!



This month is packed full of events, activities, and lots of learning! This month is Dental Health month! We will be learning a lot about dental hygiene and more. Be on the lookout for information pertaining to Valentine's parties and more!

### InvestiGators Club: What we are learning!







This month in our Preschool and Pre-K programs, we will be finishing up working with our InvestiGators club theme: Finny, Feathery, Furry Friends and will be moving into the next theme, Splash and Dig. This month we will be learning about fun with water, oceans and beaches, lakes and shores, and rivers and wetlands. Your child will learn through exploration and play to gain understanding in following directions, recognition of rhymes, identification of story structure, print awareness, early writing and alphabet knowledge, math and recognition of groups, gathering data, and self-expression to name a few. This unit will be a fun experience, as we continue our learning journey through exploration. This is the last InvestiGators Club theme for the summer and will continue the curriculum in September. During the summer, teachers will create lesson plans that continue the same schedules and center time to keep the classes used to their current routines.

## Parent Tips- National Children's Dentistry Month



February is National Children's dentistry month. Keeping up with dental health is important to maintain a healthy smile and avoid those cavities. Here are a few tips to help maintain that beautiful smile!

- Brush 2 times a day with about smear of toothpaste about the size of a grain of rice for young children, after the age of 3, use a pea size amount.
- © Try to limit sugary sweets that are sticky. Food items like fruit snacks, dried fruits and even juices can cause cavities. Be sure to brush or rinse with water after eating sugary snacks.
- © Visit the dentist after the eruption of the first few teeth and go back annually to maintain optimal dental health.

Courtesy of and for more information, please visit www.healthychildren.org.

Community Resources
Directory

#### **Frederick County**

Office of Child Care (301) 696-9766 Child Care Subsidy (866) 243-8796 PERKS (301) 662-4549 Infants & Toddlers Program (301) 600-3367 Child Protective Services (301) 600-2464

#### **Montgomery County**

Office of Child Care (240) 314-1400 Child Care Subsidy (866) 243-8796 Manna Food Center (301) 424-1130 Infants & Toddlers (240) 777-3997 Bethesda Cares (301) 907-9244

#### **Washington County**

Office of Child Care (301) 791-4585 Child Care Subsidy (866) 243-8796 Child Protective Services (301) 420-2100 Infants & Toddlers (800) 535-0182 WIC (800) 242-4342 Family Partnership support (301) 600-2206

Suicide Prevention Hotline 1-800-273-8255

Bullying Prevention www.stopbullying.gov

"The function of education is to teach one to think intensively and to think critically.

Intelligence plus character- that is the goal of true education"

-Martin Luther King Jr.



## Bright Eyes Early Learning Centers Where Learning is Fun!

# Find us on: facebook. follow us on twitter

### Bright Eyes ELC Corporate Monthly Newsletter

Bright Eyes Corporate Office 5123 Pegasus Court. Suite H Frederick, MD 21704 (301) 378-9273

#### **Bright Eyes Locations:**

Damascus 9625 Main St. Damascus, MD 20872 (301) 482-0658 Lic# 60517

Glen Haven Elem. (Wheaton) 10900 Inwood Ave. Silver Spring, MD 20902 (240) 430-1008 Lic# 128840

Hagerstown 1145 Omega Ct. Hagerstown, MD 21740 (240) 347-4990 Lic# 158557

Judith Resnik Elem. (Gaithersburg) 7305 Hadley Farms Dr. Gaithersburg, MD 20879 (301) 963-5446 Lic# 140630

New Market 5620 Mussetter Rd. New Market, MD 21774 (301) 882-7241 Lic # 155824

Trinity UMC (Germantown) 13700 Schaeffer Rd. Germantown, MD 20874 (301) 540-7614 Lic# 128946

> Urbana 3510 Campus Drive Urbana, MD 21704 (301) 810-5066 Lic# 154961

Viers Mill Elem. (Silver Spring) 11711 Joseph Mill Rd. Silver Spring, MD 20906 (301) 946-2776 Lic# 33497

Westview (Frederick) 5105 Pegasus Ct. Frederick, MD 21704 (301) 682-2754 Lic# 250875







Refer a friend and receive \$50 credit towards one-week's tuition! \*Details apply

Referring family must be enrolled with Bright Eyes. Referred family must mention the referring family at the time of enrollment and be continuously enrolled for 3 months to receive this credit. Please see your center director for more details.

## Winter Wonderland: Playing outdoors in Winter!

Going outdoors during the wintertime can be beneficial to developmental progress in children. Going outdoors in the wintertime can help children see and experience new nature elements and develop imagination while finding new ways to play. Play is an important tool in development.

In going outdoors, it helps children remain healthy, even in the wintertime. Using large muscles and gross motor skills during sledding, walking in the snow, and even building a snowman, helps with exercise and strength building. It also helps to get fresh air. Indoor environments increase exposure to viruses and illnesses.

Outdoor time increases exposure to Vitamin D, which helps to regulate mental and emotional health by increasing serotonin in the brain. It is recommended that children and adults get at least 30 minutes of outdoor time.

Take a little time to get outdoors during winter months. Be sure to take safety precautions. Be sure to bundle up with hats, gloves, snow pants, etc... to ensure safety and warmth and have fun!

Courtesy of www.fix.com/blog/keep-kids-playing-outdoors-in-winter/

#### **Great Apps for Kids**

- Minecraft
- lego
- Monkey
  Preschool
  lunchbox
- Preschool Arcade
- Sago Mini Games
- PBS Kids Videos
- © Sushi Monster
- Puzzling
  Penguins
- @ 100 Floors
- Stack the States
- Sight Word
  Adventures





Bright Eyes is looking for qualified staff to join the Bright Eyes team.

Visit us at www.brighteyeselc.com to apply.